

Bachelor of Science in Nursing – Integrative Health (BSN IH)

Academic Program Guide:
2025-2026



This guide is intended as a sample course schedule to help direct student progression. Students must meet regularly with their academic advisor to discuss specific course selections, remaining requirements, and degree options. Shaded courses are required Nursing prerequisite courses necessary for admission to the BSN IH professional program. Non-shaded courses are required foundation and general education courses necessary to graduate. Direct Admit Nursing students (semesters 1 – 4) must complete Advanced Standing to progress into the BSN professional program (remaining 4 semesters). The BSN IH program is only at the Gilbert campus and includes Fall, Spring, and Summer enrollment.

Course Title	Units	Notes
SEMESTER 1 (14 hours)		
NURSING DIRECT ADMIT PROGRAM		
First Year Composition I: choose 1: ¹ - ENGL 101 - ENGL 109H (also covers composition II requirement) - ENGL 107 (available to international students only)	3	¹ First Year Composition requires one sequence of two options: - ENGL 101 & 102 (for non-international students) or ENGL 107 & 108 (for international students) - ENGL 109H (Honors course requiring appropriate placement)
Nutrition: choose 1: ² - NSC 170C1 - NSC 310	3	² Nutrition fulfills Exploring Perspectives Natural Scientist requirement.
Chemistry: ³ - CHEM 130 & CHEM 130L (1 lecture + 1 lab) <i>Chemistry for Allied and Public Health</i> - CHEM 151 & 152 (2 lectures + 2 labs) <i>Chemical Thinking I & II</i> - CHEM 161 & 163 + CHEM 162 & 164 (2 lectures + 2 labs) <i>Quantitative Chemical Thinking I & II</i> - CHEM 181 & 182 (2 lectures + 2labs) <i>Major Chemistry I & II</i>	4	³ Chemistry There is a 1-course sequence available, or it may be fulfilled through a 2-course sequence. The 1-course sequence (CHEM 130) can be taken in either semester 1 or semester 2. One chemistry lab is also required. Lecture and lab are recommended to be taken concurrently. For two-course sequences, we recommend doing the first of the sequence in semester 1 to allow enrollment in the second course in semester 2. Two-course sequence options (CHEM 151 & 152, CHEM 162 & 163 + 162 & 164, CHEM 141 & 145 + CHEM 142 & CHEM 146, or CHEM 181 & CHEM 182). CHEM 141 & 145 + CHEM 142 & CHEM 146 is for AZ Online students only. CHEM 181 & CHEM 182 is best designed for science majors.
Moderated Mathematics Strand: MATH 112 ⁴	3	⁴ MATH 112 requires College Algebra level course with appropriate placement. May also be fulfilled by select Statistics courses.
UNIV 101: Introduction to the General Education Experience ⁵	1	⁵ UNIV 101 & UNIV 301 New students who are classified as first-year students at the point of admission will be required to take UNIV 101 as their entry course and UNIV 301 as their exit course for General Education. UNIV 101 & 301 are not required for transfer students. NURS 195 <i>recommended</i> in first or second semester.
SEMESTER 2 (16 hours)		
NURSING DIRECT ADMIT PROGRAM		
First Year Composition II: ¹ - ENGL 102 - ENGL 108 (for international students only)	3	⁶ MCB 181R requires MATH 112 or certain math placement scores prior to enrollment.
Introduction to Biology: MCB 181R lecture ⁶	3	⁷ Human Lifespan Development fulfills Exploring Perspectives Social Scientist requirement.
Human Lifespan Development: choose 1: ⁷ - EDP/HDFS/PSY 200 - HDFS 117	3	⁸ GE Core: The two categories of classes are not meant to be hierarchical; rather, they are complementary. Students can take Exploring Perspectives and Building Connections courses in any order; however, it is recommended that 100-200 level courses be completed before 300-400 level courses.
GE Core: Building Connections (BC) ⁸	3	
Second Language I: Numerous options available to students ⁹	4	⁹ Language requirements may be met by completion of a course at or above the second semester level, credit from CLEP or AP at or above the second semester level, or a language proficiency examination above the second semester level.
SEMESTER 3 (14 or 15 hours)		
NURSING DIRECT ADMIT PROGRAM		
Human Anatomy and Physiology I: PSIO 201 (lecture and lab)	4	
Statistics: choose 1: ¹⁰ - MATH 163 - SBS 200 - PSY 230 (must have taken MATH 112 & PSY 150/101 prior) - MATH 263	3 or 4	¹⁰ Statistics courses require prerequisites or certain math placement scores prior to enrollment.

- and more! See an advisor to determine best statistics for you and your math placement/history				
GE Core: Building Connections (BC) ⁸			3	
Second Language II: Numerous options available to students ⁹			4	
SEMESTER 4 (17 hours)				NURSING DIRECT ADMIT PROGRAM
General Microbiology: MIC 205A (lecture only needed) ¹¹			3	¹¹ Microbiology requirement is lecture only for UA. However, those wishing to pursue licensure in California will also require a microbiology lab (MIC 205L). ¹² UNIV 301 requires all foundations (composition, second language, and math) as well as 5 out of 7 general education courses completed prior to enrolling.
Human Anatomy and Physiology II: PSIO 202 (lecture and lab)			4	
GE Core: Building Connections (BC) ⁸			3	
GE Core: Exploring Perspectives (EP): Artist ⁸			3	
GE Core: Exploring Perspectives (EP): Humanist ⁸			3	
General Education Portfolio: UNVI 301 ^{5,12}			1	
Complete Advanced Standing to progress to BSN IH pathway. See second page for additional details. All professional program courses require advanced standing.				
BSN IH PROFESSIONAL PROGRAM				
Level 1 (15hours)	Lecture Units	Ind Study Units (Clinical)	Total Units	
NURS 351A: Nursing Pathophysiology ^{13,15}	1		1	¹³ All students are required to take Pathophysiology sequence, even if previously enrolled in NURS 350 through UA. ¹⁴ Honors students are required to take 379 as honors.
NURS 370: Integrative Health/Wellbeing Assessment ¹⁵	6		6	
NURS 371: Nursing Field Immersion in IH/Wellbeing		5	5	
NURS 379: Scholarly Inquiry in Evidence-Based Practice ^{14,15}	2		2	
NURS 474A: Pharmacological Therapeutics for Nursing I	1		1	
BSN IH PROFESSIONAL PROGRAM				
Level 2 (15 hours)	Lecture Units	Ind Study Units (Clinical)	Total Units	
NURS 351B: Nursing Pathophysiology II ^{13,15}	1		1	¹⁵ Honors sections available. Honors students will also enroll in 2 semesters of NURS 498H (3 units) in semesters 2, 3 or 4 (semesters 2 and 4 are recommended).
NURS 380: Integrative Management of Common Conditions ¹⁵	6		6	
NURS 381: Nursing Field Immersion in Integrative Mgmt. of Common Conditions		5	5	
NURS 390: Quality, Safety, & Technology for Nursing Practice	2		2	
NURS 474B: Pharmacological Therapeutics for Nursing II	1		1	
BSN IH PROFESSIONAL PROGRAM				
Level 3 (15 hours)	Lecture Units	Ind Study Units (Clinical)	Total Units	
NURS 351C: Nursing Pathophysiology III ^{13,15}	1		1	
NURS 450: Integrative Management of Complex Conditions ¹⁵	7		7	
NURS 451: Nursing Field Immersion in Integrative Mgmt. of Complex Conditions		6		
NURS 474C: Pharmacological Therapeutics for Nursing III	1		1	
BSN IH PROFESSIONAL PROGRAM				
Level 4 (14 hours)	Lecture Units	Ind Study Units (Clinical)	Total Units	
NURS 473: Population Health & Community Nursing	3	2	5	
NURS 478: Nursing Leadership & Management in Health Systems ¹⁵	4		4	
NURS 479: Transition to the Professional Nursing Role		5	5	
Nursing Degree Total	36	23 ¹⁶	59	¹⁶ 1 Unit of IS = 45 Hours of Clinical or a combination of Clinical, Skills, Simulation and other clinical related activities. Units of upper-division nursing coursework Total Units for Degree
Degree Totals			120	
<i>After graduation, pass NCLEX-RN in order to gain Registered Nurse (RN) licensure. (If you are seeking CA licensure, see point #11 above about microbiology lab)</i>				

GENERAL EDUCATION AND DEGREE TOTALS REQUIRED

UNIVERSITY DEGREE REQUIREMENTS (UNITS)

Total Unites Required: 120 units; 42 units must be upper division (300-499)

Minimum GPA: Minimum 2.0 cumulative GPA; Minimum 2.0 major GPA

UNIVERSITY FOUNDATION COURSEWORK (see university catalog for requirements <http://catalog.arizona.edu/>)

1. **English Composition** requirement satisfied with either ENGL 101 *and* 102, ENGL 107 *and* 108 (available for international students for whom English is not their first language, or ENGL 109H)
2. **Moderate Mathematics Strand** requirement satisfied by: <http://math.arizona.edu/academics/placement/>
 - a. College Algebra: MATH 112; or higher-level mathematics course
 - b. An approved statistics course: MATH 163, MATH 263, SBS/SOC 200, AREC 239, or ISTA 116. Other courses may meet the statistics requirement for Nursing but do not meet the Moderate Math Strand.
3. **Second language** proficiency requires completion of second semester level (or higher) coursework (typically 102 or higher) or a Proficiency Exam (e.g. AP, IB, CLEP, College of Humanities)

UNIVERSITY GENERAL EDUCATION REQUIREMENTS FOR PRE-NURSING: <https://catalog.arizona.edu/policy/program-graduation/general-education/curriculum>

BSN PROFESSIONAL PROGRAM APPLICATION REQUIREMENTS

BSN-DA Admission Requirements:

First-Year Students

Interested students will need to fill out a University of Arizona first-year application to be considered for the BSN- Direct Admit program (admissions.arizona.edu)

The following criteria will be used to assess applicants for admission to the College of Nursing:

- Academic GPA (core, unweighted)
- Class Rank
- Rigor of high school courses (AP, IB, honors)
- Math and science course completion/grades
- Senior year coursework
- Optional standardized test scores (not required)

Transfer Students

Transfer students must also submit a University of Arizona transfer student application by the deadlines provided by the University. Interested applicants may be enrolled in their final two prerequisites while applying and grades must be posted by program start with official transcripts sent to the registrar’s office. Admissions information is available via The University of Arizona’s Office of Admissions (admissions.arizona.edu)

Change of Major

Current University of Arizona students can request a Change of Major to the Nursing Direct Admit program every December and May starting December 2025. If students qualify, they will be admitted on a space available basis. **Students unable to declare Nursing major at this time** are encouraged to identify and declare a complementary major and then request a change of major after completing a four or more prerequisites and have minimum GPA of 3.6 for declaration of the major. **Common alternative majors include: Biochemistry, Biology, Chemistry, Microbiology, Molecular & Cellular Biology, Public Health, Nutritional Sciences, Nutrition & Food Systems, Pharmaceutical Sciences, Physiology, Precision Nutrition & Wellness, Psychology (BS), or Care, Health and Society.**

Progression into the BSN Professional Program:

To transition to the professional BSN Pathways, Nursing majors will need to meet the following criteria, process, and deadlines. Students placed in a professional BSN pathway will be responsible for completing in progress prerequisite coursework successfully and meeting [clinical compliance requirements](#).

Continuing Eligibility Requirements	<ul style="list-style-type: none">• Take only University of Arizona courses and courses approved as direct equivalency, including high school coursework, by the Transfer & Articulation department.• Earn a minimum of 3.00 cumulative GPA of all college-level coursework.• Complete each Prerequisite Course with a minimum B grade.• Abide by the University of Arizona Grade Replacement Opportunity and Course Repeat guidelines.
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	<ul style="list-style-type: none"> • Must become eligible for Advanced Standing within five semesters (Fall and Spring) or submit an exception request form if more than five semesters are needed. Exception requests will be reviewed by committee. Approval is not guaranteed. Students whose exception request is approved and do not meet the eligibility requirements by the extended deadline will be required to change majors.
Advanced Standing Conference	<ul style="list-style-type: none"> • Must be enrolled in two or fewer nursing prerequisite courses to schedule an Advanced Standing Conference. • Conferences will be held in September and February each year. • Continuing Eligibility requirements will be evaluated during the Advanced Standing Conference. <ul style="list-style-type: none"> o If it is determined the student does not meet the continuing eligibility requirements, their academic advisor will work with them to determine if eligibility can be achieved or transfer the student to a different major. o Eligible students will work with the Advisor to complete the Advanced Standing Request and prepare for BSN placement.