

## Uniform Policy: Pre-Licensure Students

The uniform policy is designed to uphold the uniform requirements of many clinical site partners, protect the personal safety of students and patients, protect the professional image of nursing, and identify University of Arizona College of Nursing (CON) students. The uniform should be worn in clinical settings and special CON activities. The uniform is not to be worn in non-clinical settings without prior written approval from the CON. This policy must be observed by all nursing students.

Clinical sites may have additional requirements. In these instances, clinical faculty will provide students with instructions. Students must adhere to clinical site requirements regarding dress code, identification badges, and specialized scrubs for specific units.

To help protect the professional image of nursing, images of students wearing the CON uniform may only be published if the student is in a professional setting. This includes images published in any form of electronic communication or social media. If there is a question whether the image represents a professional setting, students should first request permission from their faculty.

- 1) The CON uniform is worn:
  - a. When engaged in skill acquisition and clinical practice – both inside and outside the college.
  - b. When representing the CON in designated course-related activities.
- 2) The CON uniform is **not** worn:
  - a. As casual wear in the community, i.e. grocery store, coffee shop, etc.
  - b. When engaged in any activity other than the two items outlined in #1.
- 3) Uniforms must be:
  - a. Clean to prevent contamination.
  - b. Neat, without excessive wrinkles, to protect the professional image of nursing.
  - c. Properly fitted to prevent exposure during bending, lifting, and other activities.
  - d. To maintain a professional and cohesive look, ensure your uniform top and pants match.
- 4) Required Uniform Components:
  - a. Scrub top: [Spectrum UltraSoft model #221C](#) in navy blue is the only approved scrub top. It must be embroidered with the approved CON logo on the front top left side. The uniform top must include the CON patch attached securely to the uniform.<sup>1</sup>
  - b. Scrub pant: [Spectrum UltraSoft model #306C](#) in navy blue is the only approved scrub pant.<sup>1</sup>
  - c. Name tag: The name tag must be worn on the front right of the exterior garment, level with the embroidered logo, and be visible during all clinical experiences. It must also be worn in clinical settings requiring street clothes. A name tag will be provided upon admission. Students may purchase additional or replacement tags from the [Campus Store](#). Name tags include:
    - i) U of A CON logo (required)

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<sup>1</sup> Prior to the vendor change, Cherokee models #4876 (top), #4100 (pant), and #4350 (jacket) in navy were approved uniform components. Although Cherokee is no longer part of the standard uniform, these items are still permitted if previously purchased, including those obtained from the student uniform exchange.



- ii) Student first name and last initial on the first line (required)
  - iii) Student pronouns on the second line (optional)
  - iv) Student degree program on the third line (required)
  - v) 'College of Nursing' on the fourth line (required)
- d. Shoes must be:
- i) Clean.
  - ii) 100% white or 100% black.
  - iii) Worn with plain, solid white or black socks.
  - iv) Closed-toe and closed-heeled.
  - v) Of solid, non-mesh, non-canvas material.
  - vi) Non-slip bottom.
  - vii) Professional work shoes intended for long periods of standing and walking.
- 5) Optional Uniform Components:
- a. Scrub jacket: The only approved scrub jacket is the [Spectrum UltraSoft model #418C](#) in navy blue. It must be embroidered with the approved CON logo on the front top left side and the CON patch securely attached. No other coverings are allowed over the uniform in the clinical setting unless approved.<sup>1</sup>
  - b. Undershirts: Navy or black v- or crew-neck undershirt. Undershirts must not have any visible decoration or logos of any kind. No other color, including white, may be worn.
  - c. Additional coats and jackets may be worn to and from a clinical facility but must be removed upon entering the building. These coats/jackets must be stored in a tote bag or backpack.
- 6) Hair
- a. Hair must be clean, neat, and natural color. Hair shoulder length or longer must be tied back securely in a tight, clean bun, braid, or ponytail, keeping it off the shoulders, away from the face, and preventing it from obstructing vision or posing an infection control hazard (e.g. coming into contact with a patient). Hair should be secured with neutral-colored elastic band or a plain headband that is 100% black or navy. Any bangs or shorter strands that fall into the face must be kept in place with bobby pins, hair clips, or a headband.
  - b. Facial hair must be neatly trimmed or cleanly shaved.
- 7) Head coverings
- a. A navy (match uniform as close as possible) or black scarf may be worn as a head covering.
  - b. The head covering must be away from the face to prevent it (like hair) from impeding vision or creating an infection control hazard.
  - c. The head covering must be clean and without pattern, logo or other adornments.
  - d. All other head coverings (hats, visors, etc.) are not permitted while in uniform.
- 8) Jewelry
- a. Students must wear a watch that displays seconds. A plain, solid color, watch with minimal decoration and a small to moderate size is recommended to avoid interfering with patient care.
  - b. Jewelry is not allowed with the following exceptions:
    - i) One plain (without stones) wedding or personal ring



- ii) One small, non-dangling post earring in each ear. Earring must be neutral color and professionally appropriate. No hoop, gauge, cuff, bar, or spiked stud earrings may be worn.
  - iii) Nose piercings must be removed when in uniform.
  - iv) All other body piercing jewelry and ankle jewelry must be covered or removed during clinical experiences. No body piercing jewelry may be visible. No tongue or eyebrow jewelry is permitted. Holes left by gauges in ears must be covered with a skin tone bandage.
- 9) Personal Hygiene, Fingernails and Skin
- a. Daily bathing and regular oral hygiene are required to reduce the possibility of patient sensitivities to body and mouth odors.
  - b. Fingernails must be clean, short, and smooth to ensure student and patient safety. In accordance with the [Center for Disease Control Guidelines](#), only natural nails may be worn during assigned clinical experiences.
  - c. Nail polish, gel coatings, or artificial nails of any kind are not permitted.
  - d. To prevent patient sensitivity, strong scents from personal care products, tobacco, or laundry detergents are not allowed in patient care areas.
  - e. All body art and tattoos must be fully covered during clinical experiences. Authorized coverings include long sleeve undershirts, fragrance-free makeup, or skin-tone bandages.
  - f. Extreme make-up is not permitted.
  - g. Artificial eyelashes are not permitted.