

Bachelor of Science in Nursing – Integrative Health (BSN-IH)

Academic Program Guide: Final
2026-2027



This guide is intended as a **sample** course schedule to help direct student progression. Students must meet regularly with their academic advisor to discuss specific course selections, remaining requirements, and degree options. Shaded courses are required Nursing prerequisite courses necessary for progression into the BSN IH professional program. Non-shaded courses are required foundation and general education courses necessary to graduate. Direct Admit Nursing students (semesters 1-4) must complete Advanced Standing to progress into the BSN professional program (remaining 4 semesters). The BSN IH program is only at the Gilbert campus and includes Fall, Spring, and Summer enrollment.

Course Title	Units	Notes
SEMESTER 1 (14 hours)		
NURSING DIRECT ADMIT PROGRAM		
First Year Composition I: choose 1: ¹ - WRIT 101 - WRIT 109H (also covers composition II requirement) - WRIT 107 (available to international students)	3	¹ First Year Composition requires one sequence of three options: - WRIT 101 & 102 (for non-international students) or WRIT 107 & 108 (for international students) - WRIT 109H (Honors course requiring appropriate placement) - WRIT 305 (Transfer Students with 40+ transfer units may be eligible for this one course sequence)
Nutrition: choose 1: ² - NSC 170C1 - NSC 310	3	² Nutrition NSC 170C1 fulfills Exploring Perspectives Natural Scientist requirement; NSC 310 a Building Connections.
Chemistry: ³ - CHEM 130 & CHEM 130L (1 lecture + 1 lab) <i>Chemistry for Allied and Public Health</i> - CHEM 151 & 152 (2 lectures + 2 labs) <i>Chemical Thinking I & II</i> - CHEM 161 & 163 + CHEM 162 & 164 (2 lectures + 2 labs) <i>Quantitative Chemical Thinking I & II</i> - CHEM 181 & 182 (2 lectures + 2labs) <i>Major Chemistry I & II</i>	4	³ Chemistry There is a 1-course sequence available, or it may be fulfilled through a 2-course sequence. The 1-course sequence (CHEM 130) can be taken in either semester 1 or semester 2. One chemistry lab is also required. Lecture and lab are recommended to be taken concurrently. For two-course sequences, we recommend doing the first of the sequence in semester 1 to allow enrollment in the second course in semester 2. Two-course sequence options (CHEM 151 & 152, CHEM 162 & 163 + 162 & 164, CHEM 141 & 145 + CHEM 142 & CHEM 146, or CHEM 181 & CHEM 182). CHEM 141 & 145 + CHEM 142 & CHEM 146 is for AZ Online students only. CHEM 181 & CHEM 182 is best designed for science majors.
Nursing Mathematics: MATH 112 ⁴	3	⁴ MATH 112 requires College Algebra level course with appropriate placement. May also be fulfilled by select calculus courses. Some students may need to take MATH 100 to prepare for MATH 112.
UNIV 101: Introduction to the General Education Experience ⁵	1	⁵ UNIV 101 & UNIV 301 New students who are classified as first-year students at the point of admission will be required to take UNIV 101 as their entry course and UNIV 301 as their exit course for General Education. UNIV 101 & 301 are not required for transfer students. NURS 195 <i>recommended</i> in first or second semester.
SEMESTER 2 (16 hours)		
NURSING DIRECT ADMIT PROGRAM		
First Year Composition II: ¹ - WRIT 102 - WRIT 108 (for international students)	3	⁶ MCB 181R requires certain math placement scores prior to enrollment.
Introduction to Biology: MCB 181R lecture ⁶	3	⁷ Human Lifespan Development EDP/HDFS/PSY 200 fulfills Exploring Perspectives Social Scientist GE core requirement.
Human Lifespan Development: choose 1: ⁷ - EDP/HDFS/PSY 200 - HDFS 117	3	⁸ GE Core: The three categories of classes are not meant to be hierarchical; rather, they are complementary. Students can take Exploring Perspectives, Building Connections, and Civic Institutions courses in any order; however, it is recommended that 100-200 level courses be completed before 300-400 level courses.
GE Core: Building Connections (BC) ⁸	3	⁹ Language requirements may be met by completion of a course at or above the second semester level, credit from CLEP or AP at or above the second semester level, or a language proficiency examination above the second semester level.
Second Language I: Numerous options available to students ⁹	4	
SEMESTER 3 (17-18 hours)		
NURSING DIRECT ADMIT PROGRAM		
Human Anatomy and Physiology I: PSIO 201 (lecture and lab)	4	¹⁰ Statistics courses require prerequisites or certain math placement scores prior to enrollment.
Statistics: choose 1: ¹⁰	3 or 4	

- MATH 163 - SBS 200 - PSY 230 (must have taken MATH 112 & PSY 150/101 prior) - MATH 263 - and more! See an advisor to determine best statistics for you and your math placement/history					
GE Core: Building Connections (BC) ⁸				3	
Second Language II: Numerous options available to students ⁹				4	
GE Core: Exploring Perspectives (EP): Social Scientist⁸				3	NURSING DIRECT ADMIT PROGRAM
SEMESTER 4 (17 hours)					
Human Anatomy and Physiology II: PSIO 202 (lecture and lab)				4	PRE-NURSING PROGRAM ¹¹ Microbiology requirement is lecture only for UA. However, those wishing to pursue licensure in California will also require a microbiology lab (MIC 205L). ¹² UNIV 301 requires foundations (composition and math) as well as 5 out of 7 general education core courses completed prior to enrolling.
General Microbiology: MIC 205A (lecture only needed) ¹¹				3	
GE Core: Civic Institutions (CI) ⁸				3	
GE Core: Exploring Perspectives (EP): Artist ⁸				3	
GE Core: Exploring Perspectives (EP): Humanist ⁸				3	
Complete Advanced Standing to progress to BSN-IH pathway. See below for additional details. All professional program courses require advanced standing. ¹³					
					BSN IH PROFESSIONAL PROGRAM
Level 1 (15 hours)					
		Lecture Units	Ind Study Units (Clinical)	Total Units	
NURS 351a: Nursing Pathophysiology ^{13,15} Fall 2026		1		1	¹³ All students are required to take Pathophysiology sequence, even if previously enrolled in NURS 350 or 352 through UA.
NURS 352a: Nursing Pathophysiology ^{13,15} Spring 27 and Summer 27		1		1	
NURS 351: Foundational Integrative Health Assessment (7W1) ¹⁵		1	1	2	¹⁴ Honors students are required to take 358 as honors.
NURS 357: Foundations of Nursing Care I ¹⁵		3	2	5	
NURS 358: Foundations of Integrative Inquiry in EBP ^{14,15}		2		2	¹⁵ Honors sections available. Honors students will also enroll in 2 semesters of NURS 498H (3 units) in semesters 2, 3 or 4 (semesters 2 and 4 are recommended).
NURS 360: Well Child/Well Adult in the Community ¹⁵		2	2	4	
NURS 475a: Pharmacology I ¹⁵		1		1	
Level 2 (15 hours)					BSN IH PROFESSIONAL PROGRAM
NURS 352b: Nursing Pathophysiology II ^{13,15}		2		2	
NURS 362: Medical-Surgical Nursing Concepts and Clinical Practice ¹⁵		3	3	6	
NURS 365: Integrative Nursing and Resilience (7W1) ¹⁵		1		1	
NURS 474: Mental Health Nursing/Palliative Care ¹⁵		3	2	5	
NURS 475B: Pharmacology II ¹⁵		1		1	
Level 3 (15 hours)					BSN IH PROFESSIONAL PROGRAM
NURS 352c: Nursing Pathophysiology III ^{13,15}		1		1	
NURS 475: Nursing Care for Complex Conditions Across the Lifespan ¹⁵		4	3	7	
NURS 476: Integrative Management and Clinical Immersion of Nursing Care of Children and Maternal Newborn ¹⁵		3	2	5	
NURS 475c: Pharmacology III ¹⁵		1		1	
NURS 477: Professional Competencies ¹⁵		1		1	
Level 4 (15 hours)					BSN IH PROFESSIONAL PROGRAM
NURS 481: Quality, Safety and Technology for Nursing Practice ¹⁵		2		2	
NURS 482: Population Health and Community Nursing ¹⁵		2	2	4	
NURS 483: Nursing Leadership & Management in Health Systems ¹⁵		4		4	

NURS 485: Professional Nursing Role (Title May Change) ¹⁵	2	3	5	
Nursing Degree Total	40	20 ¹⁶	60	¹⁶ 1 Unit of IS = 45 Hours of Clinical or a combination of Clinical, Skills, Simulation and other clinical related activities. Units of upper-division nursing coursework
Degree Totals			120	Total Units for Degree
<i>After graduation, pass NCLEX-RN in order to gain Registered Nurse (RN) licensure. (If you are seeking CA licensure, see point #11 above about microbiology lab)</i>				

GENERAL EDUCATION AND DEGREE TOTALS REQUIRED

UNIVERSITY DEGREE REQUIREMENTS (UNITS)

Total Unites Required: 120 units; 42 units must be upper division (300-499)

Minimum GPA: Minimum 2.0 cumulative GPA; Minimum 2.0 major GPA

UNIVERSITY FOUNDATION COURSEWORK (see university catalog for requirements <http://catalog.arizona.edu/>)

- English Composition** requirement satisfied with either WRIT 101 and 102, WRIT 107 and 108 (available for international students for whom English is not their first language) or WRIT 109H Or WRIT 305 (Transfer Students only)
- Nursing Mathematics** requirement satisfied by: <http://math.arizona.edu/academics/placement/>
 - College Algebra: MATH 112
 - An approved calculus course: MATH 113, 116, 120R, 122B, 125, 129
- Second language** proficiency requires completion of second semester level (or higher) coursework (typically 102 or higher) or a Proficiency Exam. Proficiency Exams include CLEP, AP, IB or College of Humanities Language Proficiency Exam.

UNIVERSITY GENERAL EDUCATION REQUIREMENTS: <https://catalog.arizona.edu/resources/approved-general-education-updates-2026-2027>

BSN PROFESSIONAL PROGRAM REQUIREMENTS

BSN-DA Admission Requirements:

First-Year Students

Interested students will need to fill out a University of Arizona first-year application to be considered for the BSN- Direct Admit program (admissions.arizona.edu) The following criteria will be used to assess applicants for admission to the College of Nursing:

- Academic GPA (core, unweighted)
- Class Rank
- Rigor of high school courses (AP, IB, honors)
- Math and science course completion/grades
- Senior year coursework
- Optional standardized test scores (not required)

Transfer Students

Transfer students must also submit a University of Arizona transfer student application by the deadlines provided by the University and have minimum GPA of 3.6. Interested applicants may be enrolled in their final three prerequisites while applying and grades must be posted by program start with official transcripts sent to the Registrar's Office.

Admissions information is available via The University of Arizona's Office of Admissions (admissions.arizona.edu).

Change of Major

Current University of Arizona students can request a Change of Major to the Nursing Direct Admit program every December and May. If students qualify, they will be admitted on a space available basis. **Students unable to declare Nursing major at this time** are encouraged to identify and declare a complementary major and then request a change of major after completing four or more prerequisites and have minimum GPA of 3.6 for declaration of the major. **Common alternative majors include: Biochemistry, Biology, Chemistry, Microbiology, Molecular & Cellular Biology, Public Health, Nutritional Sciences, Nutrition & Food Systems, Pharmaceutical Sciences, Physiology, Precision Nutrition & Wellness, Psychology (BS), or Care, Health and Society.**

Progression into the BSN Professional Program:

To transition to the professional BSN Pathways, Nursing majors will need to meet the following criteria, process, and deadlines. Students placed in a professional BSN pathway will be responsible for completing in progress prerequisite coursework successfully and meeting [clinical compliance requirements](#).

Continuing Eligibility Requirements	<ul style="list-style-type: none">• Take only University of Arizona courses and courses approved as direct equivalency, including high school coursework, by the Transfer & Articulation department.• Earn a minimum of 3.00 cumulative GPA.• Complete each Prerequisite Course with a minimum B grade.• Abide by the University of Arizona Course Repeat guidelines.• Must become eligible for Advanced Standing within five semesters (Fall and Spring) or submit an exception request form if more than five semesters are needed. Exception requests will be reviewed by committee. Approval is not guaranteed. Students whose exception request is approved and do not meet the eligibility requirements by the extended deadline will be required to change majors.
Advanced Standing Conference	<ul style="list-style-type: none">• Must be enrolled in three or fewer nursing prerequisite courses to schedule an Advanced Standing Conference.• Conferences will be held in September and February each year.• Continuing Eligibility requirements will be evaluated during the Advanced Standing Conference.<ul style="list-style-type: none">○ If it is determined the student does not meet the continuing eligibility requirements, their academic advisor will work with them to determine if eligibility can be achieved or transfer the student to a different major.○ Eligible students will work with the Advisor to complete the Advanced Standing Request and prepare for BSN placement.