Spinal Anesthesia: Subarachnoid Block Simulation

Procedure Checklist

- [ ] Explain the procedure and obtain consent (1)
- [ ] Observe universal precautions. (1)
- [ ] Required: (2)
  IV access
  Standard monitoring
  Airway/Resuscitation equipment
  Retrieve kit with proper needle and obtain medications
- [ ] Consider: (1)
  O_2 supplementation
  Sedation (if indicated)
  Fluid status/bolus
- [ ] **Positioning:** Place the patient in lateral decubitus or sitting, chin down. (1)
- [ ] Use sterile technique. (1)
- [ ] Select and prep the insertion site below L2. (1)
- [ ] Draw up medications correctly for patient (drug, baricity & dose) (3)
- [ ] Anesthetize the insertion site with local anesthetic. (1)
- [ ] Advance a spinal needle into the subarachnoid space (1)
- [ ] Remove the stylet and observe free flow of cerebrospinal fluid. (1)
- [ ] Inject anesthetic.(good pace, check aspirate 1/2 way at least) (1)
- [ ] Remove the needle/introducer as one unit.(1)
- [ ] Apply bandage. (1)
- [ ] Lie patient down and perform assessment of block (alcohol swab, pinch, what level?) (2)
- [ ] Document your procedure (1)